



Safer Internet Day

Together for a better internet

Tuesday, 8 February 2022

Online Security Tips

Protect yourself when you're online!



BE CAREFUL OF WHAT YOU DOWNLOAD.

Don't download content from sites that look suspicious. The goal of cybercriminals is to trick you to download malware.



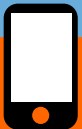
CREATE STRONG PASSWORDS.

- Choose at least 8 characters and use combinations of letters (uppercase and lowercase), numbers, and symbols.
- Immediately change your password if you know or believe it may be known by someone else.



TURN ON PRIVACY SETTINGS.

Enable your privacy settings for web browsers and mobile operating systems.



THINK BEFORE YOU POST.

Think you before you post, remember you can never permanently erase what you have posted on social media.



USE AN ANTI-VIRUS PROGRAM.

Keep your anti-virus software updated. Ensure you stay updated with operating systems' updates and updates to applications you use.



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Online Security Family Guidelines

Protect your family online!



BE MINDFUL OF SCREEN TIME

- Maintain a balance between online and offline activities for your kids.
- To help your children feel involved, schedule these times together with them.



ENGAGE IN CONVERSATION

- Talk to your children about online safety.
- Ask them about their online activities.
- Know who they are communicating with online.
- Become familiar with the games they play.



CHANGE DEVICES SETTINGS.

- Keep your family's information private.
- You can check their device settings to see if their location is revealed or if their personal information is accessible.

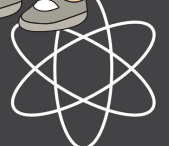


INSTALL PARENTAL CONTROLS

- Help your child make healthy decisions about what they do on their device.
- Using parental controls you can control what apps your child downloads, how much time they spend online, and their location.



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